

# Seit Chamuis

*This set was composed by Seamus Ó Mealóid and was first presented by Seamus in Westport in 2015. It takes its name from his home in Camus, near Casla in Connemara. The name "Camus" comes from "cam uisce" or "crooked water", a reference to the tides that flow at an angle through the narrow strait at Dun Manus into Camus Bay*

## Figure 1: Reel (176 Bars)

- (a) All couples advance and retire twice holding crossed hands. (8 bars)
- (b) All couples, still holding crossed hands, lead around. During the last two bars, each lady turns clockwise under the gent's left hand. (8 bars)
- (c) All couples, swing in céilí hold (8 bars)
- (d) Top ladies cross left shoulder to left and turn left arm in left around the opposite gents (4 bars). They then turn right arm in right around each other in the centre, take the opposite gent's left hand in left, hand low and turn around him into the lead around position (4 bars). Gents are on the inside, right hand in right at the lady's hip and left hand in left raised in front. (8 bars)
- (e) Top couples lead forward one position to the right inside, then dance on the spot (4 bars). They repeat this movement twice while moving around to the other side position (8 bars), then the lady turns clockwise twice under the gent's left hand as they move back to the gent's original position (4 bars). (16 bars)
- (f) Top couples swing their new partners in céilí hold. (8 bars)
- (g) Side couples dance (d) to (f). All ladies are now in opposite positions. (32 bars)
- (h) Top couples dance (d) to (f) again, top ladies returning to home. (32 bars)
- (i) Side couples dance (d) to (f) again, side ladies returning to home. (32 bars)
- (j) All advance and retire twice in a circle. (8 bars)
- (k) All couples swing in céilí hold. (8 bars)

## Figure 2: Reel (248 Bars)

- (a) All couples lead around holding crossed hands. During the last two bars, the ladies turn clockwise under their partners' left hand and all face their partners in place. (8 bars)
- (b) Taking right arm in right, partners dance a half turn around each other to face the person in the other corner. Gents are on the outside facing the lady on their left while ladies are on the inside facing the gent on their right (4 bars). All now take left arm in left with the person facing them in the corner and dance

- around them to finish back at home facing their own partners in place (4 bars). (8 bars)
- (c) All couples swing in céilí hold. (8 bars)
- (d) Holding crossed hands, top couples advance to the centre and retire (4 bars), then advance again (2 bars) and as first top gent retires, both ladies go forward with him, holding his hands and facing him, while second top gent retires alone (2 bars). First top lady holds her partners right hand in right and second top lady holds his left hand in her left. (8 bars)
- (e) Both gents advance to the centre with the ladies reversing to the centre (2 bars), then gents retire to place, ladies going with the first top gent again and turning in towards him to finish with his arms on their shoulders (2 bars). All advance to the centre again (2 bars), then the two ladies give their free hands to second top gent and advance with him as both gents retires to place (2 bars). (8 bars)
- (f) Both gents advance to the centre with the ladies reversing to the centre (2 bars), then gents retire to place, ladies going with the second top gent and turning in towards him to finish with his arms on their shoulders (2 bars). All advance to the centre again (2 bars), then release all hands and ladies step to the side placing their hands on the gents' shoulders while the gents take hands around the ladies' waists. (8 bars)
- (g) Top couples swing in four in the centre. (8 bars)
- (h) Top ladies chain with right hands and turn under the opposite gents left hand while dancing around him, then pass right shoulder to right as they dance back to face their partners in place. Each gents turn with the opposite lady, facing her as she dance around him. (8 bars)
- (i) Top couples swing in céilí hold. (8 bars)
- (j) Side couples dance (d) to (i). First side couple are on the left. (48 bars)
- (k) Top couples dance (d) to (i) again, second top couple leading this time. (48 bars)
- (l) Side couples dance (d) to (i) again, second side couple leading this time. (48 bars)
- (m) All couples repeat (a) to (c). (24 bars)

### Figure 3: Reel (168 Bars)

- (a) All couples lead around holding crossed hands. During the last two bars, each lady turns clockwise under the gent's left hand. (8 bars)
- (b) All couples swing in céilí hold. (8 bars)
- (c) Top lady and opposite gent advance, bow and retire (4 bars), then take right hands low and dance a full turn around each

- other (4 bars). Top lady now takes her partners right hand in her left facing the centre, while opposite couple move apart and face forward into the set. (8 bars)
- (d) Top couples pass through with first top couple in the centre. At the other side, first top lady turns clockwise away from her partner to face back on the outside while first top gent turns anticlockwise to face back on the other side. At the same time, second top couple turn in towards each other taking inside hands and face back towards home. Top couples then pass back to home with the second couple in the centre and take waltz hold, facing the side couples on the right. (8 bars)
- (e) Top couples each advance to face the side couple on their right, then reverse into opposite positions (4 bars). From there, they dance back to home with the ladies in front of their partners, each lady turning clockwise twice under the gent's left hand (4 bars) (8 bars)
- (f) Top couples swing in place in céilí hold. (8 bars)
- (g) Side couples dance (c) to (f) with first side couple, on the left, leading. The lady on the left advances to the opposite gent to begin and the couple on the left are in the centre when crossing over. (32 bars)
- (h) Top couples repeat (c) to (f) with second top couple leading. Second top lady and first top gent advance to begin. (32 bars)
- (i) Side couples repeat (c) to (f) with second side couple leading. The lady on the right and the gent on the left advance to begin. (32 bars)
- (j) All advance and retire holding hands in a circle. (8 bars)
- (k) All couples swing in céilí hold to finish. (8 bars)

### Figure 4: Hornpipe (114 Bars)

- (a) All couples house around in waltz hold. (8 bars)
- (b) All couples advance and retire twice in waltz hold, dancing battering steps as they retire. (8 bars)
- (c) Ladies join left hands in a star in the centre and dance around, then join right hands and dance back, moving into the lady's position right of their own in the set. (8 bars)
- (d) Gents join right hands in a star in the centre and dance around, then join left hands and dance back to place. (8 bars)
- (e) All repeat (a) to (d) three times, ladies moving on each time and moving back to their own places the third time. (96 bars)
- (f) All house with their own partners to finish. (8 bars)